

# Porto Thyroid Meeting

## Papillary Carcinoma - Is Less More?

**May 13, 2023**

Fundação Dr. Cupertino de Miranda - Porto

Incidence of malignant thyroid tumors is increasing in the Western world. More than 80% of these are papillary carcinomas which usually have an excellent prognosis. In recent years important changes have emerged in this context. From ultrasound stratification to histological classification, from parenchymal sparing surgery to active surveillance strategy, from ablative therapy to endoscopic surgery, there are many novelties in the diagnosis and treatment of these tumors.

The big question today is how to distinguish aggressive papillary carcinomas from the majority that are indolent and easily treatable?

What is the prognosis of those that recur? is it different from those initially treated aggressively?

This is a meeting with experts from all over Europe where we will try to present new trends and answer these important questions.

Meeting attendees:

General Surgery, Endocrinology, Otorhinolaryngology Physicians and Residents | Medical Students

# Programme

08h00 Registration

08h30 **Diagnosis**

FNAC and Core-Needle Biopsy  
Genetic and MiRNA deregulation  
Image  
Sentinel node  
Risk classification and extent of surgery

Live Surgery (minimal edited videos) | 60'

**TA/TOETVA/Robotic**

11h30 **Minimally invasive strategies**

Watch and wait  
Thermo ablation for primary disease  
Endoscopic trans cutaneous approach  
Endoscopic trans oral approach  
Robotic radical surgery

13h30 Lunch time

14h30 **Morbidity**

Neuro monitoring  
RLN lesion and rehabilitation  
Vascular fluorescent assessment for parathyroids  
Permanent hypoparathyroidis  
Trachea lesions  
Voice and swallowing optimization in the peri-operative period

Live (minimal edited videos) | 30'

**Percutaneous techniques - RF/MicroWaves/Alcohol**

17h30 **Advanced disease**

Alcohol, Laser, MW, RF for cervical recurrence  
Cervical re-operation  
Iodo therapy - how to calculate the dose  
Raising tireoglobulin without detected disease  
Extracervical recurrent disease - surgery vs iodotherapy vs immunotherapy

Course directors:

**Jaime Vilaça** (Hospital da Luz/Universidade do Minho) | **Oscar Vidal** (Hospital Clínic/Universitat de Barcelona)

Organizing committee:

**Carlos Serra** (Hospital do SAMS - Lisboa) | **Susana Graça** (Centro Hospitalar Vila Nova de Gaia e Espinho)

**Carlos Eduardo Costa Almeida** (Instituto Português de Oncologia de Coimbra)

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